

Gentle Sleep Aura Spray

These days, especially in the UK, disturbed sleep has become a major issue for many. Electromagnetic pollution such as mobile phone masts, cordless phones in houses and offices, and wireless internet "hotspots" all contribute to erratic sleep patterns. In the UK by far the worst source of sleep disruption is the national network of Tetra masts for the police. These masts broadcast at a frequency (17.6 hz) basically the same as our waking state brainwave pattern. This "electro-caffiene" is broadcast 24 hours a day throughout the year, across England, Wales & Scotland.

Gentle Sleep aura spray has been created to help address this government-funded assault on our sleep patterns. Gentle Sleep helps one to achieve a deeper and more relaxed sleep; it also helps one to more fully recall one's dreams when waking. For the fullest effect we recommend also using the Gentle Sleep drops at night, and our essence Being in Time each morning.

Available with either Chamomile, Sandalwood & Rose Otto oils, or with Chamomile, Clary Sage, Lemon and Orange oils.



An exception to the rule: this combination product contains the essence of *Rhododendron griffithianum*, made in Achamore Gardens, Isle of Gigha.

Soul Shield™ Psychic Protection Aura Spray

provides protection for the body's aura or a living space against the incursion of negative psychic energies. There are times when we need to protect ourselves, for a variety of reasons. People that work with light are highly likely to attract challenges from diverse and sometimes dark energies from time to time. As well there is the global situation, which is increasingly shrowded in threatening shadows. Soul Shield provides powerful protection at multiple levels, to help us bring that light we carry within safely through with strength & certainty.

Available with Sandalwood, Grapefruit & Juniperberry oils, or with Clary Sage and Lemongrass oils.



All of our essences are made without cutting or harming the orchids. Water is gently poured over the bloom into the bowl to infuse the water with the healing energy of the orchid.

Temple of Light Aura Spray

Temple of Light was created to meet a specific problem in that there can be an incongruity between the Bai-Hui point and the inner chamber of the heart chakra, and the crown & heart chakras as well. Real healing is frustrated when these four points are not harmonized. To bring about a rapid resolution of this problem, this essence was called into being. Please see our website for further details.

With Sandalwood & Lemon oils and the White Orchid essence from the Himalayan Flower Enhancers, or with Bulgarian Rose Otto.



Botanical identification of the orchids is provided on our website.



Being Present

Travel & Therapy Aura Spray

Very helpful for adjusting to the local time-zone after long distance air travel (for best results, use as well the Being Present drops, or Being in Time drops). Helps bring one fully to the present after travel of any distance, whether by plane, car, train or boat. We can become a bit 'psychically stretched' over the route of our journey. Being Present Aura Spray addresses this instantly. In the same way, this spray is very helpful at the beginning of nearly any therapeutic session, to help the client be fully present, rather than distracted by the journey they made to reach the therapist. By being more fully present, the healing work of the therapist is then capable of being deeper & more effective. Being Present Aura Spray also helps the therapist to be fully present for the client.

Available with either Sandalwood, Bulgarian Rose Otto and Lavender oils, or with Sandalwood & Orange oils.



Our essences are made with orchids we grow in our greenhouse in the middle of the 52 acre Achamore Gardens on the Isle of Gigha in the Inner Hebrides in Scotland. These are tropical species & hybrids from around the world, supplied by some of the finest commercial orchid growers in the UK, Europe, & the Americas. At present we are the only company in the world actively making and researching essences made with greenhouse-grown orchids. Visitors are welcome to stay at our island B&B - www.AchamoreHouse.com - and to have a guided tour of the orchid house.

White Beauty Aura Spray

A nurturing and loving energy descends into the crown chakra when you spray White Beauty above your head. Relieves one of the tension which can accumulate during a working day, bringing an experience of unconditional love. An uplifting, de-stressing and relaxing spray.

Available with either Sandalwood and Atlas Cedarwood oils, or with nothing but the spiritual and sensual beauty of Bulgarian Rose Otto oil.



Available from:

International Flower Essence Repertoire
Achamore House, Isle of Gigha
Argyll PA41 7AD Scotland
tel. 01 583 505 385



Living Tree Orchid Essences Aura & Space Clearing Sprays

two fragrant versions
of each of six sprays
all in two sizes
24 options



Angelic Canopy Aura Spray & Space Cleansing Spray

A very powerful spray for clearing the aura as well as office & living spaces of negative energies. Deeply reassuring, it is a balm for the troubled soul. Nurtures those who are in grief, despair or who have lost hope. Good for rescue dogs. Releases tension from the flight vs. fight response, & helps to strengthen one's alignment to the values of life. Very effective in space clearing, aura cleansing and for cleansing crystals. "All things can be done in Grace."

Available with Grapefruit and Bulgarian Rose Otto oils, or with Lemon & Chamomile oils.

